



c r o s s c o u n t r y
2005

Christian Brothers University

2004



championships

MEN'S CROSS COUNTRY

SCHOOL	PTS
Harding University	18
University of West Florida	71
University of West Georgia	78
University of Alabama-Huntsville	108
Southern Arkansas University	146
University of North Alabama	171
Valdosta State University	180
Lincoln Memorial University	187
University of Central Arkansas	212
Christian Brothers University	255
University of West Alabama	284

WOMEN'S CROSS COUNTRY

SCHOOL	PTS
University of Alabama-Huntsville	36
Harding University	37
University of Central Arkansas	135
Ouachita Baptist University	138
Delta State University	152
University of North Alabama	156
Valdosta State University	179
University of West Florida	192
University of West Georgia	220
Arkansas Tech University	235
Southern Arkansas University	258
Henderson State University	318
University of Montevallo	366
Lincoln Memorial University	386
University of West Alabama	473
University of Arkansas-Monticello	501

seasonresults

MEN'S CROSS COUNTRY

Date	# Meet	Finish	Field
September 11	1. Memphis Twilight Classic (Mike Rose Complex)	--	17
September 25	2. University of Arkansas Little Rock Collegiate Open	6	7
October 2	3. Rhodes College Invitational (Plough Park, Memphis)	12	14
October 9	4. Ted Lloyd Invitational (Harding University)	3	7
October 23	5. Gulf South Conference Meet (Huntsville, AL)	10	11
November 6	6. NCAA South Regional (Plough Park, Memphis)	20	22

WOMEN'S CROSS COUNTRY

Date	# Meet	Finish	Field
September 11	1. Memphis Twilight Classic (Mike Rose Complex)	14	16
September 25	2. University of Arkansas Little Rock Collegiate Open	9	10
October 2	3. Rhodes College Invitational (Plough Park, Memphis)	19	19
October 9	4. Ted Lloyd Invitational (Harding University)	7	10
October 23	5. Gulf South Conference Meet (Huntsville, AL)	--	16
November 6	6. NCAA South Regional (Plough Park, Memphis)	25	27

individualresults

MEN'S CROSS COUNTRY (Finish/Time)

##	Name	Meet 1	Meet 2	Meet 3	Meet 4	Meet 5	Meet 6
	Joseph Atem	--	50/39:56	131/35:06	42/33:59.12	--	132/41:46
	Brent Ellis	--	--	--	44/34:46.40	68/33:20.1	136/43:04
	Andrew Hayden	--	32/30:44	115/30:48	27/30:21.71	58/30:26.5	123/39:02
	Ben Knoernschild	44/21:26.07	12/27:36	19/26:53	8/26:39.41	11/26:43.5	54/34:36
	Zach Wilkerson	100/24:08.08	33/30:49	117/30:56	30/30:43.07	57/30:22.1	122/39:02
	Francisco Zurita	98/23:57.38	44/34:35	101/29:53	26/30:08.54	61/31:03.8	116/38:16

WOMEN'S CROSS COUNTRY (Finish/Time)

##	Name	Meet 1	Meet 2	Meet 3	Meet 4	Meet 5	Meet 6
	Kim Crump	74/20:13.24	37/21:27	65/21:14	15/20:54.63	32/20:52.9	68/25:15
	Kristin Kirkland	105/22:23.67	60/23:55	137/24:36	35/23:05.62	--	143/29:04
	Laura Kreager	119/23:48.47	65/25:29	141/25:26	47/25:16.37	103/25:50.3	164/34:37
	Jenny Mohan	122/24:57.96	67/26:10	140/25:08	46/24:52.65	100/25:20.0	160/31:37
	Ashley Prevost	--	63/25:06	150/26:36	45/24:48.70	98/24:58.4	153/29:29



HELENE BOUCHAWE
Freshman
Lyndonville, New York



HEATHER GOSNELL
Freshman
Brighton, Tennessee



LAURA KREAGER
Junior
Memphis, Tennessee



JENNY MOHAN
Junior
Saint Louis, Missouri



FRANCIS GINSKI
Freshman
Collierville, Tennessee



ASHLEY PREVOST
Sophomore
New Orleans, Louisiana



ALICIA SCARBOROUGH
Freshman
Germantown, Tennessee



LORI STEWART
Junior
Bartlett, Tennessee



KELLY SUMMONS
Freshman
Memphis, Tennessee



JORDAN MICHAEL
Freshman
Arlington, Tennessee



SAMANTHA WILDHABER
Junior
Loham, Missouri



EMILY WONG
Freshman
Memphis, Tennessee



CHALENE YEUNG
Senior
Little Rock, Arkansas



DANIEL SYZDEK
Freshman
Navarre, Florida



ANDREW HAYDEN
Sophomore
Cordova, Tennessee



STEPHEN HILL
Freshman
Collierville, Tennessee



JAMES NDIRANGU
Freshman
Nairobi, Kenya



RYAN ROSS
Junior
Little Rock, Arkansas



JOHN WALDORF
Freshman
Chicago, Illinois

2005

seasonoutlook



The future of Christian Brothers University Cross Country is looking bright. After disappointing finishes at the Gulf South Conference meet a year ago, the Bucs and Lady Bucs are looking to get back on track in 2005. The Bucs showed signs of promise last season with a top five finish at Harding and having Ben Knoerschild named an All-Conference runner at the GSC meet.

A strong recruiting class awaits second-year coach Bill Hoffman for the 2005 season. All-State runners Stephen Hill and Francis Ginski will lead the way with the help of John Waldorf, Andrew Hayden and Jordan Michael. Hill was a top recruit in the South and will have an immediate impact in the Gulf South Conference and also at the regional level. Hill holds his school's two-mile record and was a Commercial Appeal Best of Preps selection in 2003, 2004 and 2005. Ginski, a member of Houston High School's 2003 and 2004 state championship squads, will help to put a one-two punch in the lineup that CBU has never seen. Michael competed in soccer, cross country and track all four years at Bolton High School. He was a two-time All-Region selection, and was named the Bolton High School Male Athlete of the Year in 2005. Ryan Ross, Daniel Syzdek and James Ndirangu will round out the Bucs' weekend lineup.

The Lady Bucs are also showing improvements. Top recruits Kelly Summons and Alicia Scarborough will lead the way this year. Summons was a four-time Commercial Appeal Best of Preps selection at St. Agnes Academy for coach Jay Mathis. Scarborough was her team's MVP for two years and was a four-year letter winner with Houston's track team, earning All-Region and All-Sectional honors. Seniors Laura Kreager and Jenny Mohan, as well as sophomore Ashley Prevost, return to provide excellent leadership for a young squad this season. Helen Bouchawe, Heather Gosnell, Lori Stewart, Charlene Yeung and Emily Wong will all see action for the Lady Bucs.

Hoffman has lofty goals this season for the Bucs and Lady Bucs, but among them, the most important is the overall success of the program.

"I sincerely believe we can make a serious dent in the cross-country landscape of not only the GSC, but at the regional level, as well," Hoffman said. "I not only want a runner to qualify for nationals, but I'd like to see our whole team start qualifying in the near future."

headcoach

BILL HOFFMAN

Second Season



Bill Hoffman has been the head cross country coach for two years at CBU after serving as an assistant for another two years.

Hoffman started coaching men's cross country as an

assistant coach at Murray State University in the 1990-1991 season. While there, he coached three Olympic runners, four All-Americans, and eight All-Conference runners. In 1996 he became the head cross country coach at Germantown High School, where he coached former CBU runners Will Wright and Brent Ellis. His team gradually increased their position in the state meet each time they went (from 18th in 1996 to 5th in 2001), the last being a Germantown best. He was also an assistant track coach at Germantown, 1996-2000, and coached many All-State runners and jumpers.

Hoffman was an All-State cross country high school runner in Pennsylvania. He ran for Indiana University of Pennsylvania for two years and then transferred to Eastern Kentucky University, where he was named Runner of the Year in the Ohio Valley Conference in 1989 for cross country and conference champion in track and cross country. He was three-time All-OVC in track and cross country and named three times to the OVC Academic Honor Roll. He ran competitive for Reebok Southwest Track Club and PowerBar, 1991-96. He competed in two World Cross Country Trails and won several Regional Road Races. His current personal records include a 4:12 mile, a 14:12 5K, and a 30:26 10K.

Hoffman annually runs the Memphis Twilight Classic, the largest night cross country event for high schools and universities in the South. Each year, nearly 35 high schools and 25 colleges and universities run in the event at Mike Rose Soccer Complex.

He is currently a physical education teacher at Riverdale High in Germantown, TN. He earned a B.S. from Eastern Kentucky University in 1989 and a M.A. from Murray State University in 1998.

general facts

Name Of School: Christian Brothers University

City/State/ZIP: Memphis, TN 38104

Founded: 1871

Enrollment: 1,900

Nickname: Buccaneers

School Colors: Scarlet & Gray

Home Facility: Plough Park

Affiliation: NCAA Division II

Conference: Gulf South Conference

President: H. Lance Forsdick, A.F.S.C.

Athletic Director: Joe Nadicksbernd

Faculty Athletic Representative: Dr. Mike Condren

Senior Women's Administrator: Donna Crone

Athletic Department Phone: 901-321-3370

Athletic Department Fax: 901-321-3570

Sports Information Director: Justin Maskus

SID Phone: 901-321-3378

SID Email: jmaskus@cbu.edu

Athletic Web Site: www.gobucsgo.com

COACHING STAFF

Head Coach: Bill Hoffman

Alma Mater/Year: Eastern Kentucky/1989

Office Phone: 901-321-3370

Best time/day to reach coach: ...

Athletic Trainer: Scott Lambert

Office Phone: 901-321-3263

HISTORY

First year of sport: 1994



CHRISTIAN BROTHERS UNIVERSITY was founded in 1871 by the Catholic order of the De La Salle Christian Brothers. The first private institution in Memphis to integrate, CBU has always welcomed people of all faiths. CBU is the largest, most comprehensive private university in West Tennessee, offering degrees in engineering, business, science, liberal arts and education.

CBU is ranked among the top 25 Southern Universities in U.S. News and World Report's "America's Best Colleges."

The University offers graduate programs in business administration, education and engineering management.

CBU has a long standing record of excellence and a deep tradition in intercollegiate athletics. It is a member of the NCAA Division II Gulf South Conference, which has schools in Alabama, Arkansas, Georgia, Florida, Mississippi and Tennessee. The GSC is one of the premier all-sports conferences in the nation, and its teams have captured national titles in almost every sport.

Christian Brothers University

DEPARTMENT OF ATHLETICS

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2005

CROSS COUNTRY

9/3	Belmont Opener	Nashville, TN (Belmont University, host)	4:00 p.m.
9/10	Memphis Twilight Classic	Memphis (Mike Rose Soccer Complex)	6:00 p.m.
9/24	UALR Open	Little Rock, AR (University of Arkansas, host)	All Day
10/1	Rhodes Invitational	Memphis (Plough Park; Rhodes College, host)	All Day
10/8	Ted Lloyd Invitational	Searcy, AR (Harding University, host)	All Day
10/22	Gulf South Conference Meet	Memphis (Plough Park)	All Day
11/5	NCAA South Regional	Dade City, FL (Florida Southern, host)	All Day
11/19	NCAA Championships	Pomona, CA (California Polytechnic, host)	All Day



SEPTEMBER 10, 2005

First Race at 6:00 PM

ABOUT THE COURSE

- World championship style multi-loop layout is very spectator friendly!
- All Bermuda grass, flat and FAST — Spikes recommended.
- Race will finish in 6,000 seat Mike Rose Stadium!



6:00 PM	Women's Open and Girls' JV 3 Miles
6:40 PM	Men's Open and Boys' JV 3 Miles
7:20 PM	High School Varsity Girls 3 Miles
8:00 PM	High School Varsity Boys 3 Miles
8:30 PM	Collegiate Women 3 Miles
9:00 PM	Collegiate Men 4 Miles

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