

Name: _____ Advisor: _____

Academic Worksheet for Initial Advising Meeting

The following questions are intended to assist you in developing an **educational plan** to help you achieve your **academic, career, and personal goals**. The plan that you begin to create here is a **long-term project that will probably change over time** as you gain more experience as a college student and develop a deeper understanding of your **interests and strengths**. You may not be able to answer all of these questions now, but it's a good idea to begin thinking about them.

Why did you choose to attend CBU?

What year do you plan to graduate?

If you haven't yet chosen a major, what interests may help you make a choice? Consider the subjects you enjoyed most in high school, your hobbies, work experiences, ideas about careers, etc.

If you have chosen a major, what is it? How did you come to choose that major?

What experiences or opportunities do you expect to find at CBU to help you to grow in your abilities, clarify your purpose, and/or achieve your goals?

Academic goals

Career goals

Personal goals

If you anticipate continuing your studies following graduation, what form of post-graduate study seems most likely?

Business school

Graduate School

Education

Law School

Medical, Veterinary, Pharmacy, or Dental School

Other

What specific strengths (academic skills or preparation, personal qualities, etc.) may help you to pursue your goals?

What specific challenges do you expect to encounter as you pursue your goals? Are there any special circumstances that may affect your educational program (work or family responsibilities, for example)?

Where will you be living?

What kinds of activities do you like (sports, music, theater, student government, literary, community service)?

What particular questions or concerns do you have as you begin your college career?

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