



FALL 2022 COVID GUIDELINES

Below are the COVID guidelines for the fall semester. Guidelines are based upon current conditions and are subject to change as circumstances warrant. As conditions dictate, the University will consult with the Shelby County Health Department, utilize CDC guidelines, monitor trends in the Memphis area, and take into consideration previous campus COVID protocols. COVID-related updates will be sent to the campus community as necessary.

Vaccinations/Boosters

Members of the Christian Brothers University community, especially the most vulnerable, are strongly encouraged to be fully vaccinated against COVID including boosters. Up-to-date vaccination remains one of the best preventative tools to protect ourselves and each other.

Masking

Masks are not required on campus. *However, individual faculty retain the option of requiring the use of masks in their classrooms and labs.* Faculty and staff may ask visitors to their private offices to mask. If you are asked to mask in such circumstances, you are expected to comply with the requests.

Student Testing

Rapid COVID Testing for symptomatic students is available in the CBU Student Health Services, located in the Health Sciences Building. Testing is available to all students (residential and non-residential) for symptomatic testing.

If a student is experiencing COVID-19 Symptoms:

1. Contact Health Services to schedule a symptomatic testing appointment
Monday - Thursday from 8:30 am - 2:30 pm: Students should contact Health Services at **health@cbu.edu** or **(901) 321-3260**.
After 5:00 pm Monday-Friday and Saturday - Sunday: Students should contact Campus Police & Safety by calling **(901) 321-3550**.
2. Students will be scheduled for testing (self-isolate until tested).
3. Attend the symptomatic testing appointment masked and distanced.
4. If the test is positive the Health Services staff will follow up about the appropriate protocols.
5. If the test is negative the Health Services staff will provide information about the appropriate protocols.

Students experiencing severe symptoms or a medical emergency should immediately call 911 and then contact Campus Police & Safety by calling **(901) 321-3550**.



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Faculty & Staff Testing

Faculty and Staff needing a COVID test should seek assistance off-campus. Many pharmacies and clinics nearby offer testing by appointment.

- **The Shelby County Health Department website** lists locations for testing;
- **CVS and Walgreens offers testing** at many locations in Memphis and Shelby County.

In the event an employee tests positive for COVID, the CBU Department of Human Resources should be immediately contacted at **(901) 321-3474** or at **humanresources@cbu.edu**.

Contact Tracing

COVID-positive students, faculty, and staff are expected to communicate directly with their close contacts. A close contact is someone who was within 6 feet of an infected person for a cumulative total of 15 minutes or more over a 24-hour period (for example, three individual 5-minute exposures for a total of 15 minutes). An infected person can spread the virus 48 hours before they have symptoms until 5 days following when symptoms began.

Students who test positive are responsible for contacting **health@cbu.edu** and all close contacts from the past 48 hours of exposure. Faculty and staff should communicate with all close contacts from the past 48 hours of exposure.

Isolation and Quarantine

Isolation and quarantine for students who test positive will occur in place. Roommates with compromising health conditions who do not have access to alternative housing may be offered a temporary housing option and should seek assistance through the Department of Residence Life.

ISOLATION/QUARANTINE PROTOCOL

Positive for COVID

- 5-day isolation protocol.
- Release from isolation on Day 6 if it has been at least 5 days since symptoms appeared, and 24 hours since last fever without the use of fever-reducing medication, and symptoms have improved.
- If symptoms have not resolved, the individual will remain in isolation for an additional 5 days.

High Risk/ Close Contact Exposure

- No isolation or quarantine. Test at 48 hours and another test between days 5-7.



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Distinguishing Mild Symptoms from More Significant Symptoms

SIGNIFICANT SYMPTOMS:

- Lingering cough
- Fever within the last 24 hours*
- Severe respiratory systems
- Lingering GI symptoms like diarrhea or vomiting
- Severe sore throat, fatigue, headache
- Body aches, chills

MILD SYMPTOMS:

- Mild headache, mild or scratchy sore throat, mild fatigue
- Lingering loss of smell or taste
- Mild congestion (nasal)

* For the purpose of this guidance, fever is defined as subjective fever (feeling feverish) or a measured temperature of 100.0°F (37.8°C) or higher. Note that fever may be intermittent or may not be present in some people, such as those who are elderly, immunocompromised, or taking certain fever-reducing medications (e.g., nonsteroidal anti-inflammatory drugs [NSAIDS]).

Class Attendance Guidelines for Students with COVID

Students who have COVID should not attend class in-person. Faculty members will be contacted by the Office of Student Success regarding students who have tested positive on campus, or have provided appropriate off-campus testing documents. It is the responsibility of the student to work directly with faculty members regarding their academic work. Typically, a COVID positive student will remain in isolation for five days.

Isolation and Quarantine Meals

Residential students in an isolation or quarantine protocol and with a meal plan may access to-go dining options. Students should contact the Office of Student Development & Campus Life **(901) 321-3531** in order for arrangements to be made.