

— February 2023 Issue —

The Honors Program Post



A MESSAGE FROM THE DIRECTOR

Dear CBU community and alumni members,

Welcome to the second issue of the Honors Program Post - a newly created newsletter dedicated to celebrating the success of the CBU Honors Program!

Within this newsletter, we hope to illustrate the ways in which the CBU Honors Program has helped our students become who they are today while simultaneously keeping all alumni and CBU community members up to date on all things Honors education! From current events to alumni stories, we hope that this space will create a foundation from which you may work upon to remain engaged and excited about what Honors education is doing for CBU students!

As you journey through this newsletter, you will be met with stories of current students, alumni, and our Honors Program as a whole. It is our desire that you will find the Honors Program Post an informative space to stay up to date and connected to our community as you embrace each new month. Join us in diving into our first issue of the spring semester!

In Lasallian Spirit,

Connie Beck
Director of CBU Honors Program
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901-321-3529





HONORS HOUSING DAY

On Friday, January 20, we held CBU's first ever Honors Housing Day! All students were celebrated through the revealing of their houses: Patrick, Alfred, Louis, or Edward House. These houses were determined for each student based upon their major, providing them with connections and support particular to their field of learning. The House deans and student leaders were present at the ceremony to welcome the students into a community of overflowing love and support.

Afterwards, all faculty, staff, and students in attendance gathered in Sabbatini Lounge to have themed snacks and "mocktails" according to the House colors. Students had so much fun getting to celebrate this historical day in CBU Honors history with others. The hope is that this Housing Day would be memorable for these students as they reflect on events that developed their love for CBU and the Honors Program. With the additional support in place now, these houses are reaffirming the care we hope each Honors student deserves to receive.



CELEBRATING EDUCATION

Hello! My name is Emma Sorette. My major is Ecology, and I plan to work with a nature conservation once I graduate from CBU. Home for me is about 20 minutes away from here in Cordova, TN. I decided to join the Honors Program because the program has offered me many opportunities to live in a community that was also interested in participating in various events. The Honors Program enhances my curriculum with the honors classes offered. It also diversifies my experience in college with the variety of events, learning opportunities, and connections made with local organizations. My favorite aspect of the Honors Program is the support that is available through the program to learn more- no matter what the subject is!



EMMA SORETTE



A MESSAGE FROM THE PRESIDENT

Hi, my name is Lacey Conley, and I serve as the Honors Program president, as well as the editor of this newsletter! I want to tell you a little about me and the way that the Honors Program has served me as a college student. I am currently a junior English major with a minor in cognitive neuroscience, and I have hopes of practicing family law or social work after graduation. I work at a wedding venue as a venue coordinator and bartender and also babysit for many different families! I have many passions, some of which include advocating for victims of child and sexual abuse. My siblings are some of my best friends (I have eight of them!), and I love to spend my evenings and weekends with them! In my free time, I love to read self-help books, drink coffee, and hike random trails.

I am honored to be able to have a platform within the Honors Program. Based on my personal experience, the Honors Program has served as a fundamental aspect to my development within college. Coming into CBU, I wondered if I would be able to connect well with people, but the Honors Program affirmed that I had a community ready and waiting for me with outstretched arms. It has provided me with ample opportunities from presenting at Honors conferences to hosting events for the student body to going on fun retreats with the other Board of Directors. I have never felt more loved or accepted than I have from joining the Honors Program. There is space for the students to come as they are and be themselves- no exceptions. The Honors Program has equipped me to lead a full life both in and after college-being able to relate with people of all backgrounds, plan and host events, use my voice to confidently speak in a public environment, and more. I am forever indebted to the experience this program and my director have given me. I have discovered who I am through this program, while learning I have a story and a voice- one that I can use to pour into the passions that most consume my heart. Serving as the president is a way for me to give a fraction of the love back to the program that I myself have received.

Sincerely,
Lacey Conley
Junior, English Major
Honors Program Board of Directors, President



HONORS CONFERENCE



Pictured (L TO R): Tristan Henthorn, Alexandra Huang, Aryany Perez, and Lacey Conley

Four CBU Honors students traveled to Austin Peay State University to present at the Tennessee Collegiate Honors Conference! These students did an excellent job sharing their presentations and representing CBU amongst all colleges and universities across the state! Please join us in celebrating them, their achievements, and the academic knowledge they are bringing into this world.

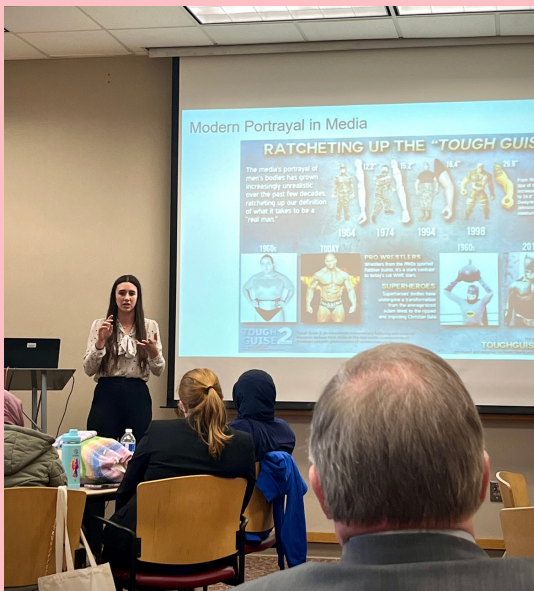
CONFERENCE PRESENTATIONS



Aryany Perez, "Payoffs and Exchanges: How Game Theory Works"



Tristan Henthorn, "The Mechanism of Memory"

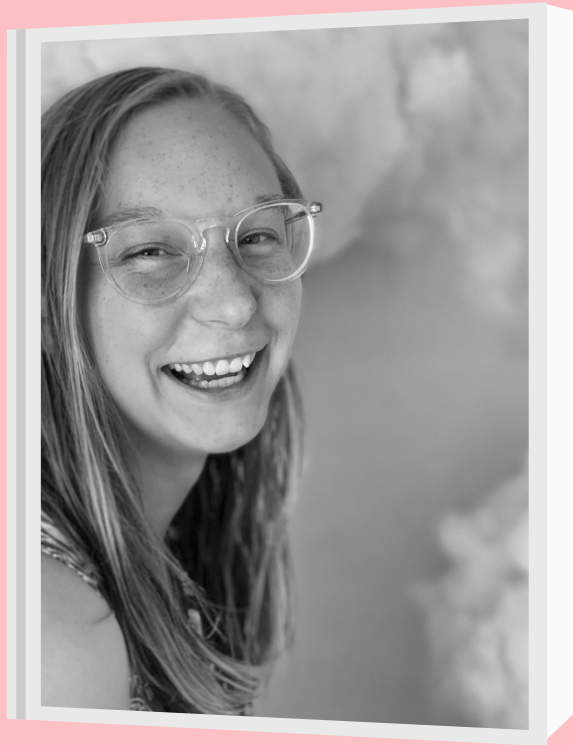


Lacey Conley, "Gym, Eat. Repeat: The Correlation of Bodybuilding and Anabolic Steroid Usage to Body Dysmorphia"



Alexandra Huang, "The Joy in the Love of Friendship"

ALUMNI SPOTLIGHT



HANNAH SCHULTZ

Hello! My name is Hannah Schultz! I recently graduated from CBU and was a math major with minors in biology and global studies. I taught and tutored math for four years, and now I work as a project manager for an HVAC engineering/product company. Home for me is technically Michigan, but I've been in Memphis since I went to CBU, so it has definitely started to feel like home!

I decided to join the Honors Program because I wanted to challenge myself academically, and I liked that it provided a social aspect as well. Especially since I was coming from out of state, I was drawn to the immediacy of having opportunities to meet people. I was able to stay on the Honors floor of the LLC which helped as well.

Post-graduation, I've been lucky enough to stay in contact with many of my friends from college and the Honors Program. Having been on the Board of Directors and president for a year, I learned a lot about time management, event planning, leadership, communication, and respect- all of which have been applicable in my life. I can confidently say that the Honors Program significantly impacted my growth both as a student and as a person.

I think my favorite part of the Honors Program was the diversity. I appreciated that we had many events that covered many topics of interest and varying degrees of activity, participation, etc. With that, I thoroughly enjoyed being able to get to know and interact with people in creative ways, especially those individuals of which I likely would not have talked to otherwise, including faculty, staff, speakers, visitors, and sometimes even strangers.



ALUMNI OPPORTUNITIES



ALUMNI PRESENTER

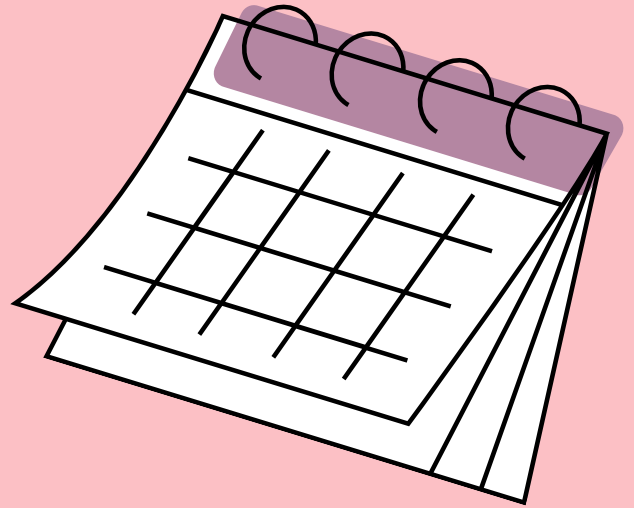
Many of our Honors events showcase the talent and knowledge of CBU Honors alumni, who serve as speakers to groups of current students! If you have a desire to share your story, your career experience, or partner with us to showcase your talents, we'd love to have you serve as a speaker for one of our events!

Interested in this opportunity?

Email Honors Program Director:

Connie Beck: cbeck1@cbu.edu.

February



Events & Programs

Feb. 8- Line Dancing for Rolls

Feb. 13- Race and Literature:
Discussions and Dessert

Feb. 17- Viernes de Danza @
Ballet Memphis

Feb. 21- Edward House Dinner



*Wishing each of you
a very lovely
February.*

*~Love,
The Honors Program*